



Balancing and Wellness Menu

	30-11-20 (Monday)	01-12-20 (Tuesday)	02-12-20 (Wednesday)	03-12-20 (Thursday)	04-12-20 (Friday)
菜肴1	咕嚕鸡丁	沙律鱼	虾酱鸡	咖喱鸡	马来栈鱼片
Dish 1	SWEET & SOUR CHICKEN CUBE	SALAD FISH	PRAWN PASTE CHICKEN	CURRY CHICKEN	BELACAN FISH
菜肴2	菠菜炒蛋	松子肉末玉米	冬菇海参豆腐	腰果四季豆	干贝西兰花
Dish 2	FRIED EGG W SPINACH	CORN KERNEL W PINE NUTS AND MINCED CHICKEN	TOFU W MUSHROOM AND SEA CUCUMBER	SEASON BEAN W CASHEW NUTS	BROCCOLI W SCALLOP
汤	党参鸡汤	南北杏西洋菜汤	无花果陈皮汤	四神薏仁汤	珍珠栗子汤
Soup	DANG SHEN CHICKEN SOUP	WATERCRESS SOUP	FIG W TANGERINE SOUP	SI SHEN CHICKEN SOUP	PEARL CHESTNUT SOUP