



Balancing and Wellness Menu

	01-03-21 (Monday)	02-03-21 (Tuesday)	03-03-21 (Wednesday)	04-03-21 (Thursday)	05-03-21 (Friday)
菜肴1	当归蒸鸡	隆巴鱼片	虾酱鸡	蒜香辣椒鸡	干煎虾六
Dish 1	STEAMED CHICKEN W DANG GUI	LOMBARD FISH	PRAWN PASTE CHICKEN	CHILLI CHICKEN	DRY FRIED PRAWN
菜肴2	干贝时菜	银鱼上汤苋菜	肉碎豆腐奶白菜	杏鲍菇	凉瓜炒蛋
Dish 2	VEGE. W SCALLOP	BRAISED CHINESE SPINACH W SILVER FISH	BEANCURD W CHINESE SPINACH & MINCED CHICKEN	OYSTER MUSHROOM	FRIED EGG W BITTER GOURD
汤	党参肉骨茶	金瓜肉丸汤	天麻玉竹鸡汤	珍珠豆栗子汤	四神薏仁汤
Soup	CODONOPSIS JI KUT TEH SOUP	CHICKEN BALL W PUMPKIN SOUP	TIAN MA W YU CHU CHICKEN SOUP	PEARL CHESTNUT SOUP	SI SHEN SOUP