

nutritious

HEALTHY MEAL





ABOUT THE COMPANY

With over a decade of experience in Tingkat delivery, Kim Paradise promises to deliver scrumptious and nutritious dishes that will remind you of home-cooked food at every mealtime.

Kim Paradise is dedicated to creation - tireless innovation to proffer new menu items in its Healthful meal sets, Economical Bento meals & Buffets.

WHY KIM PARADISE

Holding true to our belief that **"Good Food comes from a Good Heart with Great Passion"**, we placed great emphasis on our food quality and taste. All our dishes are prepared in our state-of-the-art kitchen using only the freshest ingredients sourced from trusted suppliers. Stringent quality checks are conducted daily during the food preparation process to maintain the highest standards of hygiene and cleanliness. We also do taste tests on every dish to ensure consistency in taste and quality before delivery. You will be glad to know even that all our meals are prepared more healthily, using less oil and salt. And in case you are worried that you will be bored with the same few dishes, fret not as we have more than 200 recipes to rotate around.

The background image shows four bowls of traditional Chinese food. Top left: A bowl of chicken with red dates. Top right: A bowl of green vegetables and dark mushrooms with red dates. Bottom left: A bowl of soup with chicken and vegetables. Bottom right: A bowl of soup with a large piece of white radish, chicken, and red chili threads. A pair of red chopsticks with a white pattern is placed across the bowls. The text 'You are what you eat.' is written in a white, cursive font over the image.

*You are
what
you
eat.*

WWW.KIMPARADISE.COM.SG

A healthy lifestyle begins with healthy food choices, but in a rushed and hasty society like Singapore, nutritious meals are easily overlooked. Looking for delicious, healthy and convenient meals?

Our menu is specially crafted to ensure a well-balanced diet, and each dish is prepared in a healthier way, with less salt, sugar, oil, using healthy and cholesterol friendly vegetable oil, without MSG added! Our experienced culinary team ensures quality and standard of all our food, excelling in both taste and nutrition.

Furthermore, we deliver your hot and fresh meals directly to your doorstep, so you can enjoy tasty, wholesome meals whenever you wish!

Look no further, and opt for Kim Paradise's clean and well-balanced home cooked meals!

1 Pax	Lunch or Dinner	10 DAYS	\$158.00	w gst \$169.06
		20 DAYS	\$279.00	w gst \$298.53
	Lunch & Dinner	10 DAYS	\$308.00	w gst \$329.56
		20 DAYS	\$538.00	w gst \$575.66
2 Pax	Lunch or Dinner	10 DAYS	\$288.00	w gst \$308.16
		20 DAYS	\$439.00	w gst \$469.73
	Lunch & Dinner	10 DAYS	\$548.00	w gst \$586.36
		20 DAYS	\$868.00	w gst \$928.76
3 Pax	Lunch or Dinner	10 DAYS	\$407.00	w gst \$435.49
		20 DAYS	\$669.00	w gst \$715.83
	Lunch & Dinner	10 DAYS	\$779.00	w gst \$833.53
		20 DAYS	\$1278.00	w gst \$1367.46
4 Pax	Lunch or Dinner	10 DAYS	\$528.00	w gst \$564.96
		20 DAYS	\$929.00	w gst \$994.03
	Lunch & Dinner	10 DAYS	\$1003.00	w gst \$1073.21
		20 DAYS	\$1778.00	w gst \$1902.46

铁不冶炼不成钢，
人不养身不健康，
让专业厨师来平衡您的食疗吧！



MEAT 肉类

CHICKEN & DUCK 鸡鸭类

- Braise Duck with Sea Cucumber
海参焖鸭
- Eight Treasure Duck
八宝鸭
- Herbal Steam Chicken
药材蒸鸡
- Braise Chicken with Sea Cucumber
海参焖鸡
- Imperial Steam Chicken
一品蒸鸡
- Sesame Oil Chicken
麻油香鸡
- Stew Chicken with Essence
鸡精蒸鸡
- Steam Chicken Wing with Herbs
红枣枸杞蒸鸡翅
- Yu Lan Chicken Drumstick
玉兰鸡腿
- Chestnut Chicken with Mushroom
香菇栗子鸡

SEAFOOD 海鲜

FISH 鱼类

- Steam Pomfret
清蒸昌鱼
- Fish Sheng Yu with Ginger Onion
姜葱生鱼
- Hong Kong Style Steam Cod Fish
港蒸雪鱼
- Braise Grouper
红烧石斑
- Steam Fish with Lily Flower and
Black Fungus
金针木耳蒸鱼
- Fresh Mince Garlic Fish
鲜蒜时鱼
- Fish with Chinese Leek
大蒜时鱼
- Coffee Fish Delight
咖啡时鱼
- Steam Fish with Tomatoes
番茄蒸鱼
- Fish with Ferment Bean
豆豉时鱼
- Steam Teochew Threadfin
潮式午鱼





VEGETABLES 菜类

- Kai Lan with Shrimp
虾仁芥兰
- Celery with Fish Slice
西芹炒鱼片
- Broccoli with Sea Cucumber
海参西兰花
- Vegetable with Meat Ball
苋菜肉丸
- Meat Slice with Leek
蒜花肉丝
- Asparagus with Dried Scallop
干贝芦笋
- Season Bean with Mince Meat
肉碎四季豆
- Celery Walnut Delight
核桃西芹
- Stir Fry Broccoli with Slice Fish
鱼片炒西兰花
- Pumpkin Fried Chicken Mince
鸡肉碎炒金瓜
- Stir Fry French Bean with Slice Pork
肉片炒四季豆
- Cashew Season Bean
腰豆四季豆
- Stir Fired Bitter Gourd with Egg
苦瓜炒鸡蛋
- Mushrooms with Cauliflower
香菇炒椰菜花
- Sliced Fish with Celery
鱼片炒西芹
- Stir Fried Spinach with Wolfberries
枸杞炒菠菜



SOUP 汤

- Huai Shan Chicken Soup
淮山鸡汤
- Gan Cao Black Bean Soup
甘草黑豆汤
- Red Date Lo Song Soup
红枣罗宋汤
- Mixed Fish Head Soup
什锦鱼头汤
- Yu Zhu Dried Longan Chicken
Soup
玉竹龙眼鸡汤
- Ginseng Chicken Soup
人参炖鸡汤
- Walnut Lotus Root Soup
核桃莲藕汤
- Meat Ball Vegetable Soup
肉丸菜汤
- Dried Scallop Fish Maw Soup
干贝鱼鳔汤
- Five Grain Chicken Soup
五谷米鸡汤
- Bean Curd Meat Ball Soup
豆腐肉丸汤
- Celery Fish Soup
鱼片西芹汤
- Chicken Feet Peanut Soup
花生鸡脚汤
- Cordyceps Chicken Soup
虫草花鸡汤



SOUP 汤

- Si Shen Black Chicken Soup
四神乌鸡汤
- Fish Bone Bean Curd Soup
鱼骨豆腐汤
- Mixed Bean Soup
三色豆汤
- Papaya White Fungus Soup
木瓜雪耳汤
- Seaweed Meat Ball Soup
紫菜肉丸汤
- American Ginseng Chicken Soup
花旗鸡汤
- Lemongrass Chicken Soup
香茅鸡汤
- Bitter Gourd Fish Soup
凉瓜生鱼片汤
- Ba Zhen Black Chicken Soup
八珍乌鸡汤



HALF MEAT 半肉类

EGG 蛋类

- Steam Egg with Dried Scallop
干贝蒸蛋
- Classic Tomato Stir Fried Egg
西红柿炒蛋
- Steam Egg with Mince Meat
肉碎蒸蛋
- Fried Egg with Spinach
菠菜炒蛋
- Fried Egg with Silver Fish
银鱼煎蛋
- Fried Egg with Prawn Bits
虾仁煎蛋

TOFU & BEANCURD

豆腐&豆干

- Braise Bean Curd with Mushroom
烧豆腐与蘑菇
- Steam Silky Tofu with Mince Meat
肉碎蒸丝滑豆腐
- Stir Fry Tofu with Leek
- 翻炒大葱豆腐

OTHERS 其他

- White rice
白米饭
- Brown Rice
糙米饭

FREQUENTLY ASKED QUESTIONS

Here are some frequently asked questions.

Don't hesitate to contact us if you have further enquiries.

Reach us at +65 6255 1000 or enquiry@kimparadise.com.sg

1

WHEN SHOULD I START PLACING MY ORDER?

We encourage orders to be placed at least 3 working days prior to your contract date.

2

WHAT IS THE DELIVERY TIMING?

Lunch Delivery – 1030hrs to 1330hrs

Dinner Delivery – 1600hrs to 1900hrs

Specific delivery time is not available

Please call +65 6255 1000; SMS +65 9115 1708; +65 9115 1160 if your delivery is beyond the stipulated delivery time.

3

HOW DO I MAKE PAYMENT?

Allow our Catering Consultants to go through your order requirements and details with you. Payment must be made before the commencement of contract upon confirmation. A customer whose contract is under auto-renewal must make payment 3 days before the next contract.

4

WILL THERE BE ANY CASH REFUND IF I WANT TO CANCEL OR TERMINATE MY CONTRACT?

No cash will be refunded for early cancellation or termination of the contract when service has commenced or after payment for the contract is made.

5

CAN I POSTPONE MY MEAL?

For 20 Days Package, postponement is limited to only 3 days, and the contract date will be extended. There will be NO replacement if postponement is beyond 3 days.

For 20 days contract, a meal will be replaced if the customer called in to inform 1 working day in advance before 11 am.

Trial Orders must be in consecutive days with no postponement permitted.

6

DO I HAVE TO CALL IN TO RENEW MY CONTRACT?

20 days Contract can be on auto-renewal basis upon request.

Trial Contract is NON-AUTO RENEWAL.

7

IS THE SERVICE AVAILABLE EVERY DAY?

Meal delivery service is available on weekdays only, and we do not deliver on weekend and Public Holidays.

8

WHAT IF I HAD FORGOTTEN TO CALL TO TERMINATE MY CONTRACT AND IT HAS BEEN AUTO-RENEWED?

Food that has left the kitchen for delivery will be chargeable at \$18.00 (w/GST \$19.26) per serving per 1 pax.



9

SHOULD I HEAT THE FOOD BEFORE CONSUME?

Customers are advised to consume the food not later than stipulated time of consumption.

10

ANY CHARGES FOR CONDOMINIUM?

An additional charge of \$20.00+ (\$21.40 w/GST) will be imposed for deliveries to Condominiums. The amount will be waived if food is left at the guardhouse/security post.

11

HOW CAN I MAKE PAYMENT?

Bank Transfer :

UOB Current 3143087350, please indicate the reference no provided and email to enquiry@kimparadise.com.sg with the receipt image after the transfer is made

Credit Card :

Immediate over the phone upon confirmation.

12

CAN I CHANGE THE MEAL DELIVERY ADDRESS?

No changes of address are permitted during the contract.

13

HOW IS THE MEAL PACKED?

Meals are served in disposable microwavable containers. A thermal bag will be provided to keep the food warm.

14

WHAT DOES THE PACKAGE CONSIST OF?

The Nutritional Healthy Meal comes with 2 dishes, 1 soup.

15

WHAT KIND OF COOKING OIL DO YOU USE?

We use premium cooking oil example Olive Oil or Canola Oil.

16

CAN I REQUEST TO CHANGE THE DISHES?

Our menu is crafted by our chef weekly. For special case, dish exchange is available. Please check with our Sales Consultants.

If the dish to be exchanged is of a higher value, you may choose to upgrade your dish by topping up the balance.



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